Ocean State XC Invitational

Goddard State Park

1095 Ives Road, Warwick RI 02818

Friday, September 23. Middle School Races Saturday, September 24 High School Races Saturday, September 24 Open 5K Trail Run

The 2015 High School Meet Included:

- Teams from CO, CT, MA, NH, NJ, NY, and RI
- Top 5 Championship Teams:
 - Girls:Guilderland (NY)Boys:Guilderland (NY)Needham (MA)St John's HS (MA)Glastonbury (CT)Lexington (MA)Immaculate (CT)Mansfield (MA)Lexington (MA)Norwich Free Academy (CT)Meet Records were set by Thomas Goodhue of St. John's in the JV2and Sam Toolin of North Kingstown in the FR2.

The 2015 Middle School Meet Included:

➢ Over 1,500 6th, 7th, and 8th graders from CT, MA, NH, NY and RI

Highlights for the 2016 High School Meet:

- Races for Freshmen, Junior Varsity, Varsity, and Championship Levels
- Spectator friendly, scenic course
- Accurate time schedule
- Awards Ceremony
- Special Attractions: music, coach's free hot lunch, ample space for warmup and team tents, awards to the best combined boys and girls team
- Sanctions requested from CT, MA, ME, NH, NJ, NY, NC, PA, RI, and VT

Register On Line oceanstatexc.com

Enter your team any time; add or change names until September 18.